

Sourdough Chronicle

Yukon's Seniors'
Newsletter



Volume 45—Issue 3

Fall 2022



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YCOA

Semi-Annual Meeting

October 21, 2022

Whitehorse Legion Branch 254

Time: 3:15pm

The Honorable Angélique Bernard, Commissioner of Yukon will address the audience.

New Members Welcome!

The Yukon Council on Aging is updating its society's bylaws to be consistent with the requirements under the new *Societies Act*.

Proposed bylaws can be viewed at:

www.ycoayukon.com/whats-new.html

Resolved: That the current Constitution and Bylaws be repealed and replaced with the proposed new versions as recommended by the Board at its meeting of September 13, 2022.



Seniors Outreach Computer Tutor Program

FREE for Seniors aged 55+
Computer/Smartphone Workshops

For more course information and Tech Talk topics via zoom see Yukon Learn's website at www.yukonlearn.com.

Questions? Contact us by email:
heather.kennedy@yukonlearn.com,
or phone: (867) 668.6280 Ext. 7.





President's Report

Bev Buckway, President YCOA

Many of us are '*Stuck in Place*' when it comes to housing options

Housing is frequently on the minds and tongues of members of the media, elected officials, and our families and friends these days. Yukon is no different. With 21 percent of our population in the age range of 60 years and up, and growing, many of us are pondering our future. Do we stay, or do we go? How sad to contemplate leaving the territory we have invested in for so many years.

As we add on another birthday, it may become harder to climb the stairs, mow the lawn and shovel the snow that now has accumulated in abundance these past two years. If we lived in larger cities, there would be more options to choose from, such as which part of the community would be more suitable for living, or having accessibility options more favourable in this unit than another one but unfortunately, in Whitehorse and rural Yukon, the possibilities are few and far between.

According to the National Seniors Strategy: "Simply having a place to live may not be sufficient to support aging in place; homes need to be ability-appropriate and meet accessibility requirements to enable people to remain as independent as possible in their homes and communities..." <http://nationalseniorsstrategy.ca/the-four-pillars/pillar-1/affordable-housing/>

Yukon Housing Corporation has a lengthy waiting list for seniors housing, and not all seniors meet the income requirements. With the rising cost of homes evident now, selling a family home and relocating to a newer condo requires additional cash over and above the sale proceeds. Ouch! It seems that rather than *Aging in Place*, many of us are *Stuck in Place* with few viable Yukon options. I doubt many of us

want to or know how to become developers as we venture into the upper age brackets. The shortage of tradespeople and available land also adds to the problem.

It isn't uncommon to find one occupant inhabiting Yukon dwellings, including many seniors who find themselves living on their own. Wanting to downsize may be problematic when searching for reasonable and new arrangements for housing. We lack barrier-free and financially accessible homes built for sharing with non-related individuals that could result in cost reductions by sharing expenses, plus companionship and keeping our privacy intact. Cottage clusters on the ground floor with shared communal outside space for gatherings and storage would be welcome. We need some Yukon innovators with possible solutions to help fill the senior housing gap, and soon.

Speaking of housing, do you notice how frequently articles, statistics, surveys and even maps leave out the three territories? I often remind the authors that: 1) People in the provinces need to hear about our costs of housing, fuel, and groceries; 2) The territories are part of Canada; and 3) Our voices also count on the national scene. Our population may be small, but our land mass begs to differ.

Learning for Life is back! Medical Assistance in Dying (MAID), Seniors and driving, and safety for seniors are a few of the thought-provoking topics in the planning stages.

Please see page 15 for our initial schedule. We will be posting updates and links for registration soon on our website at www.ycoayukon.com.



Executive Officers:

Bev Buckway, President
Nancy Kidd, Vice-President
Linda Profeit, Treasurer
Penny Rawlings, Secretary

Directors:

Bill Nelson
Lawrence Purdy
Judy Ratcliffe
Michelle Christensen-Toews

Past President:

Doug MacLean

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Sourdough Chronicle

Is a newsletter published
quarterly for Yukon
Seniors and Elders

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Editorial

Janet Smellie, Editor



New faces, new places, and a brand new look

After more than two years of having COVID-19 embrace our lives with such a vengeance, it's been rather refreshing this summer to take a break from all the energy we've had to put towards protecting ourselves and our loved ones from the pandemic's terrible grip. Being able to get out and enjoy all Yukon has to offer — camping, hiking, gardening — and finally getting to take those trips we wanted outside of the Yukon has brought a lot of smiles to faces, not to mention some much needed relief. The return of tourists and the chance to put up family visitors for some has been a nice return to normal for many of us, too. Also, seeing so many "back to normal" social gatherings and sporting events taking place around us has also been a great way to wind down our summer.

Dozens of Yukoners 55+ had the trip of a lifetime during the last week in August where they competed up a storm at the Canada Games 55+ in Kamloops, BC. Please see page 10 and 11 for a glimpse of the Games. Many medals came back to Yukon which is a great way to end the summer!

You may also notice that we've revamped the pages of the Chronicle and given it a bit of a facelift. Now that there is a full board, and several new faces about — please see pages 6-9 for a brief introduction — we thought it would be a good time to change up the publication a bit. We now have a newsletter committee which we hope will help us improve the publication's organization, so we can provide YCOA members with the timely and interesting coverage you are looking for. Chris Wheeler, YCOA's Coordinator of the Home & Yard Program, has also joined the Chronicle as Assistant Editor. With his creative eye for photography and interest in writing, I look forward to us bringing you a return to some very real feature articles on people, as well as event coverage that will make you proud. I also hope this editorial page will rotate with guest editorials from YCOA Directors and members at large.

We also encourage guest writers and contributions — photos, poetry, essays, and letters from our readers. So, don't hesitate, all submissions are welcome!

In the meantime, please enjoy those beautiful autumn days we know are before us, and stay safe and well.



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Yukon Council on Aging

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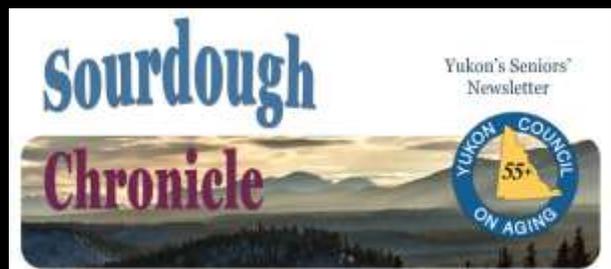
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Doug MacLean

Guest writers and contributions are welcome. All submissions must be in by the 10th of May, August, November and February.



Meet the Board

At the AGM in April 2022 some new faces joined YCOA's board. Here, in their own words is a brief introduction!



Bev Buckway—President

Bev has remained an active volunteer since her college days. She is a past president of Crossroads Alcohol Drug Treatment Centre, the Rotary Club of Whitehorse, and the Association of Yukon Communities. During her time on City Council, Bev represented the Yukon on the Federation of Canadian Municipalities Board. In addition, she has represented the Yukon at the Scott Tournament of Hearts, the Arctic Winter Games and Canada Winter Games and the Canada 55+ Games.

Bev strives to use her local and national experience and connections to further the issues facing both rural and urban Yukon seniors. She tells us that while her house is in Whitehorse, her home is the Yukon.

Nancy Kidd—Vice President

Nancy Kidd grew up in rural Ontario and moved to Yukon in 1990. She is a Registered Nurse who worked at WGH for a short time and then joined the Yukon Continuing Care team. After a career caring for and planning for the needs of older adults, Nancy is now one!

Nancy has had the privilege of working in almost all of the Continuing Care facilities - including the old but not the new McDonald Lodge in Dawson City. It was through that experience she has met many wonderful people, and learned many things from them. Nancy hopes that that knowledge will be an asset to the Yukon Council on Aging and all aging Yukoners. She is now sorting out how to make her retirement as wonderful as her past.



~ Executive Officers ~



Linda Profeit—Treasurer

It is a pleasure to be back on the Board with Yukon Council of Aging! This time as your Treasurer and bookkeeper. In 2019, I retired after 29 years of work at many different positions in government.

My retirement has been very interesting, and recently being unable to travel has meant I've had to be creative in keeping busy with lots of hiking, e-biking, and quilting.

Penny Rawlings—Secretary

Since arriving in the Yukon in 1976, I've been involved in numerous committees from young people to seniors, such as Girl Guides and health and wellness committees over my 30 years at WGH (Whitehorse General Hospital). I have been Co-Chair for over 20 years in PARTY" (Preventing Alcohol and Risk Related Trauma in Youth) for students in grades 9-10. The past 12 years I've been part of the Women's Auxiliary at WGH and president for the past four years and kept active raising funds to purchase a variety of equipment, clothing, etc., for patients. I am pleased to be on the YCOA Board. The past two years have been very hard on many of our seniors.

It's time to help provide seniors with more opportunities that they want and need to keep active!



~ Board of Directors ~

Bill Nelson—Director

Bill was born in Calgary Alberta 1949 and his family moved to Edmonton 1950. He grew up in what was then Jasper Place, Alberta (Edmonton West End). While still in Edmonton, he completed high school at Jasper Place Composite High, followed by one year architectural technology, one year of studies in Business Equipment Technology, and several electronic courses at N.A.I.T.

During this same period, both during high school and after, Bill also worked jobs in construction and mail delivery. He also worked as an airport ramp hand, and office equipment technician before moving north to the Yukon Territory in 1977. He has worked with CNT, later to be called Northwestel, for 35 years in various roles, including equipment technician, radio technician and central office technician. Bill is married to his present wife Eda and now in his thirtieth year and had one son Kristopher. Recent years he has also completed courses in multimedia communications and joined two boards – Autism Yukon and YCOA.



Judy Ratcliffe—Director

I came to the Yukon from Saskatchewan in 1975 to teach in Teslin. We moved to Whitehorse in 1990 then returned to Teslin in 2020. I have been on several boards during this time as well as continuing to teach for 30 years.

Lawrence Purdy—Director

Lawrence is a mostly-retired lawyer who has lived in Whitehorse for about 14 years. His experience in the non-profit sector includes both volunteering and serving as board member for a variety of local organizations. In his spare time, Lawrence enjoys skiing, hiking and reading.



~ Board of Directors ~

Michelle Christensen-Toews— Director

I have called Whitehorse “home” since moving here in 1973 with my family. I graduated from FH Collins in 1984 and went outside for a couple of years to attend college. Then it was back to the Yukon. My working career started in private industry and ended at Yukon Government. I recently retired from being a workplace health and safety advisor at YTG. I enjoy being outdoors gardening, hiking and biking. And I also enjoy sitting in front of the fire with a good book and a cup of tea.



Doug MacLean—Past President

Doug is our Past-President after serving for two terms as President. He has served on a number of boards and committees, and is still helping us with the Sourdough Chronicle. Previously, Doug worked for the Yukon Government and is now retired.



Volunteers do not necessarily have the time,
They just have the heart.

- Elizabeth Andrew, Author



Team Yukon Triumph

The Yukon 55+ Team celebrates the successful wrap of the Canada 55+ Games in Kamloops

By Brenda Dion, Yukon Director, Team Yukon

The Yukon Team 55+ participants celebrated the end of a successful Games with closing ceremonies and an impromptu sing-a-long kitchen party with all members looking forward to the 2024 Games in Trois Rivieres, Quebec.

In total, 74 medals were awarded to the Yukon participants.

Fifteen medals were handed out for the 8 events in swimming including Vickie Roche receiving 2 gold, silver, and a bronze, both Barb Phillips and Jennifer Trapnell being awarded 2 gold and 2 silver, while Paul Warner medalled bronze in two events.

In Track and Field, 35 medals were handed out.

In the men's track event, Dave Boschman and Hank Leenders each were awarded 2 medals in the 80+ category while Tom Ulyett received bronze in the 60+, Bryan Craven received 4 medals in the 65+ category and Don White in the 70+ group.

In the predicted walk, Jim Howard was awarded gold and silver for the 400m and 1000m respectively.

In the women's track event, Brenda Dion won 2 gold, Donna Jones won 4 silver medal in the 65+

group, while Sheila Senger won silver in the 75+ 100m sprint and gold in the 50m sprint.

In predicted walk, Marg White won a gold and silver while Sharyl Satchell was awarded bronze.

In Field events, Tom Parlee won bronze in long jump, javelin and shot put in the 75+ category while in the 80+ category Dave Boschman received one silver, Hank Leenders a bronze and silver. In the 55+ category, Jeffery Mackie-Deernsted was awarded a bronze in shotput. In the Women's competition, Brenda Dion took home a gold in long jump and a silver in javelin.

In the 5 km run under a blazing sun, Brenda Dion raced to a bronze in the 65+ category and Christine Cash finished with a silver in the 55+ category.

Tim McLachlan and John Hadvick swept the darts event with 3 gold and a silver, with the Duplicate bridge team of Stan Marinoske and Bruce Beaton scoring a silver.

The cycling was dominated by Doug MacLean in the 70+ category and Jim Newnham in the 80+ category with Doug being awarded a bronze, silver and gold and Jim winning 2 gold with both being awarded gold in the demonstration hill climb.

Once in a lifetime opportunity!

In 5 pin bowling, Sherry Smith pulled down a bronze but not only did Darrell Peters win a bronze but was awarded a gold medal for exceptional sportsmanship. Congratulations, Darrell!!

Pickleball was a hotly contested event, both in the number of participants and the very hot temperatures. In the 60+ category, silver was awarded to Erik Hoenisch and John Streicker and a bronze to John Streicker and Ewa Dembek.

Other medals were awarded in carpet bowling with the Dave Robertson, Paul Dabbs, Wayne Towriss and Judy Lightning team awarded bronze, in golf with Mark Pike being awarded gold and Chuck Barber taking bronze, in horseshoes with Darlene Thompson taking away a bronze and Ev Pasichnyk claiming silver. In scrabble, Derek Hyde was very pleased with his bronze.

The floor shuffleboard teams in the 55+ category took home a gold and silver while the 70+ team was awarded the silver.

Mountain biking was a demonstration event in the 2022 games and the Yukon was strongly represented with Rosemary Plaskett in the 70+ category taking bronze in the 12km and Christine Cash in the 60+ taking bronze in the 18 km. In the relay, the Christine Cash/Rosh Govindasamy 55-64 team was awarded silver and the Rosemary Plaskett/Lindy-Jo Aston 65+ team, bronze.

But medals are just one of the reasons Yukoners sign up for the 55+ Games. Every Yukoner participating in Kamloops spoke enthusiastically about the shared laughter, the fantastic team spirit, the pleasure of meeting others from across Canada and the fun of participating. This is the true spirit of the 55+ Games. More results and coverage is available at www.canada55plusgames.com, or by visiting Team Yukon on Facebook!



Stan Marinoske - Duplicate Bridge.



Barb Adel and Paul Warner – Swimming.

**Photos on this page
courtesy of Doug
Maclean**



Brenda Dion and Sheila Senger – 1.5-km run.



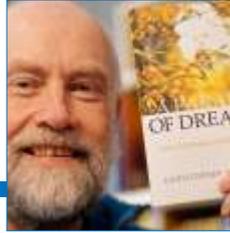
Darlene Thompson, and Ev Pasichnyk – Horseshoes.



Darryl Peters— Sportsman Gold 5-Pin Bowling.

Senior Sentiment

with Chris Wheeler



This is a new feature which we hope to make a regular addition in the Sourdough Chronicle. Each month we will select a random senior and ask them two questions. The questions will be designed to complement each other by addressing an idea or issue from opposing angles. Defining the narrative, or leading the conversation isn't our objective. We are looking for honest and free opinions about topics of interest to our readers.



Photo courtesy of Chris Wheeler

This month, we spoke to Barbara. Growing up in Winnipeg and then New Brunswick, Barbara has lived in the Yukon for more than 30 years now. Barbara is 62 and an active member of our senior community. We posed two questions. First, what do you see as the greatest challenge facing humanity in the future? Second, what do you see as the greatest opportunity? Barb's answers were philosophical in tone but brief and succinct. In terms of the challenges, she said simply: "Hatred, self-righteousness, and moral superiority." For opportunity, she responded: "Love, and kindness."

What excellent answers to potentially complex and broad questions, and an excellent way to begin our *Senior Sentiment* feature! We thank Barbara for her insights and for taking part in the first installment of *Senior Sentiment*.

If you'd like to suggest a topic for future editions, you can email your idea to Chris using the email address, ycoahy@yknnet.ca, phone it in at 667-4357, or just drop off your idea next time you visit our office.



Laugh Lines

A Sweet Grandmother

A sweet grandmother telephoned the hospital. She timidly asked, "Is it possible to speak to someone who can tell me how a patient is doing?" The operator said, "I'll be glad to help, dear. What's the name and room number of the patient?"

The grandmother in her weak, tremulous voice said, "Norma Findlay, Room 302." The operator replied, "Let me put you on hold while I check with the nurse's station for that room."

After a few minutes, the operator returned to the phone and said, "I have good news. Her nurse just told me that Norma is doing well. Her blood pressure is fine; her blood work just came back normal and her Physician, Dr. Cohen, has scheduled her to be discharged tomorrow."

The grandmother said, "Thank you. That's wonderful. I was so worried. God bless you for the good news."

The operator replied, "You're more than welcome. Is Norma your daughter?"

The grandmother said, "No, I'm Norma Findlay in Room 302. No one tells me anything!"

Lookin' Out for My Welfare

I told the kids I never want to live in a vegetative state, dependent on some machine and fluids from a bottle. So they unplugged my computer and threw out my wine.

Playing for Pause

After my grandkids bragged about what levels they'd attained in a video game, I decided to give it a try. Soon, it was my turn to boast that, in spite of being a newbie, I'd already managed to get to level 11. That's when my youngest grandson pointed out that the "11" I was seeing on the screen was actually the game's pause button.

All Dolled Up

A husband and wife had been married for 60 years and had no secrets except for one: The woman kept in her closet a shoe box that she forbade her husband from ever opening. But when she was on her deathbed—and with her blessing—he opened the box and found a crocheted doll and \$95,000 in cash. "My mother told me that the secret to a happy marriage was to never argue," she explained. "Instead, I should keep quiet and crochet a doll." Her husband was touched. Only one doll was in the box—that meant she'd been angry with him only once in 60 years. "But what about all this money?" he asked. "Oh," she said, "that's the money I made from selling the dolls."



Sourdough Digest



A NEW BRIDGE

A new bridge was installed on the Millennium Trail near the Fish Hatchery in Riverdale in August 2022. This attractive structure spans the new stormwater outfall for Riverdale. Come and enjoy this new feature on the Millennium Trail on your next walk.

Photo courtesy of Doug MacLean.

Learning for Life Returns!

YCOA is very pleased to be bringing back Learning for Life for its members. This popular program offers innovative workshops covering all areas of interest. This fall we will be bringing you a full lineup of activities.

These include special events taking place on October 1, 2022 to commemorate the International Day of Older persons at the Canada Games Centre between 10am to 2pm. On October 21 Learning for Life continues with an address by Dr. Alexander Kmet who will tackle the issue of Medical Assistance in Dying. The event will be held at the Whitehorse Legion. Doors open and registration at 1:00pm with Dr. Kmet's presentation set for between 1:30-2:45pm. Snacks and refreshments will follow, and YCOA's Semi-Annual General Meeting will commence at 3:15.

Dr. Kmet has called the Yukon home since completing his initial medical training in 2014. He is one of two specialist Palliative Care physicians

who call the Yukon home and he also provides both GP Oncology and Anesthesia services at Whitehorse General Hospital. He and his wife Colleen met each other while working together with Doctors Without Borders in the Central African Republic. **Please see page 15 for a complete Learning for Life schedule.**



Dr. Alexander Kmet.



Seniors' Home and Yard Maintenance Program

The Seniors' Home & Yard Maintenance Program provides a pool of security-screened workers to assist seniors, elders, and persons with disabilities with normal maintenance jobs at affordable rates.

<p>These may include:</p> <ul style="list-style-type: none"> • snow shoveling; • lawn and yard maintenance; 	<ul style="list-style-type: none"> • wood splitting; • housekeeping chores; • minor repairs and painting. 	<p>For more information, contact: Chris Wheeler, Co-ordinator at (867) 667- HELP (4357)</p>
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New Pool Table at Golden Age Society

Thanks to the generosity of Norma and Allan Johnston, pool players at the Golden Age Society have a new pool table worth upwards of \$8,000.

Long-time Whitehorse resident Rick Gardner sold it to the Johnstons for \$2,000. Allan cracked the first rack Monday afternoon at the centre. Rudy Couture spoke at the unveiling of the table.

“It is my pleasure on behalf of the pool players present today, Gayle, Giles, Larry, Leon and Neil, to extend our sincere thanks to Al and Norma Johnston, for the gift of this new pool table to members of the Golden Age Society,” Couture said, adding, “This table has been donated to us as their legacy for their respect and love of the sport.”

The Johnstons are relative newcomers to the association, Couture noted, “and in that short while have contributed much to encouraging members of the Golden Age Society to participate in a sport that first took root in northern France in the 1500s.

“As an aside, also I would like everyone to know that one of our players, Neil Salvin, is entered to play pool at the Canada Seniors 55+ Games in Kamloops later this month. Neil, we wish you every success in your pursuit for a gold medal.”

To honour the Johnstons, the society’s membership has attached a small plaque to the table, inscribed with the following words: “With appreciation to Allan and Norma Johnston for their generous donation of this pool table to the GAS, July 2022.”

A shuffleboard is available on the premise as well.

YCOA membership as a gift?

What a great idea!



2022 SCHEDULE

Saturday October 1, 2022

Canada Games Centre, 10 am to 2 pm.
International Day of Older Persons

Friday October 21, 2022 Whitehorse Legion

Dr. Alex Kmet,
Medical Assistance in Dying
1:00pm: Doors Open for Registration
1:30 - 2:45pm: Dr. Kmet
Break with Refreshments
3:15pm: YCOA Semi-Annual General Meeting

Tuesday Nov 1, 2022

Via ZOOM - 10:30am-12pm

Samantha Rodeck, Executive Director
Transportation Network Options for Seniors
Driving Safely
10:30am - 12:00pm

Monday Nov 28, 2022

Via ZOOM - 1:30pm to 3pm

Constable Carlie McCann,
Community Policing Constable, R.C.M.P. on Safety

Check the website for updates including registration
www.ycoayukon.com

Thank you, Yukon Learn, for partnering with us for the ZOOM sessions to reach Yukon seniors, and Health and Social Services for providing program funding.

More information:

<https://yukon.ca/monkeypox>.

Yukon

What do you do if you're experiencing monkeypox symptoms?

Immediately contact your health care provider, health care centre or the emergency room to get assessed.

LAST TRAIL



Gloria Gwenn Harris	December 30, 2021	Whitehorse, YT
Simon Angus Woodsend	April 17, 2022	Yukon
Shirley Ellis nee Van Bibber	April 28, 2022	Edmonton, AB
Gustav Steiner	May 6, 2022	Whitehorse, YT
Steven Murphy	May 9, 2022	Whitehorse, YT
Regent Therrien	May 10, 2022	Whitehorse, YT
Glenna Menzies	May 24, 2022	Whitehorse, YT
Kathleen Alice Page	May 28, 2022	Keremeos, BC
Franz Bertold (Bert) Doll	May 31, 2022	Whitehorse, YT
Stanly Paul James Sr.	June 1, 2022	Carcross, YT
Harry Taylor Nixon	June 5, 2022	Vancouver Island, BC
Marion Wakefield	June 6, 2022	Haines Jct., YT
Zvonko Jovanovic	June 9, 2022	Whitehorse, YT
Margaret (Adele) Mole	June 11, 2022	Whitehorse, YT
Michael Pounder	June 16, 2022	Whitehorse, YT
Dennis Alfred Saboe	June 16, 2022	Whitehorse, YT
Patricia Shearer	June 18, 2022	Whitehorse, YT
Margaret Alice Dunn	June 19, 2022	Whitehorse, YT
Denny Bohmer	June 21, 2022	Parksville, BC
Alexander (Alex) Rear	June 21, 2022	Whitehorse, YT
Becky Reams	June 22, 2022	Watson Lake, YT
Eric William Smith	June 23, 2022	Edmonton, AB
Isabelle Christine Champagne	June 26, 2022	Whitehorse, YT
Curt Rehfeldt	June 30, 2022	Watson Lake, YT
Patricia Jean Lawson-Gall	July 2, 2022	Saanichton, BC
Valerie Carol Osinchuk	July 2, 2022	Whitehorse, YT
Jerry Mosure	July 4, 2022	Whitehorse, YT
Anthony Roger Hill	July 4, 2022	Collingwood, ON
Henry "David" Hennings	July 5, 2022	Whitehorse, YT
Elsie Jean (Schell) Sillak	July 5, 2022	Red Deer, AB
Henry (Hank) Vandenberg	July 5, 2022	Calgary, AB
Leslie William Scott	July 9, 2022	Whitehorse, YT
Frances Asp	July 9, 2022	Whitehorse, YT
John "Dave" David Austin	July 11, 2022	Whitehorse, YT
Edmund "Bob" Robert Jacobs	July, 2022	Whitehorse, YT
Gerhard Charles "Carl" Friesen	July 11, 2022	Whitehorse, YT
Kenneth Abraham Krockner	July 17, 2022	Victoria, BC
Anne Marie Pollard	July 18, 2022	Whitehorse, YT
Robert Y. Phillips	July, 2022	Whitehorse, YT
Nelson Mervyn Harper	July 19, 2022	Whitehorse, YT
Dwayne Johnny Sam	July 20, 2022	Carmacks, YT
Colleen Candace Komish (Lund)	July 21, 2022	Salmon Arm, BC
Brigitte Rohringer	July 21, 2022	Whitehorse, YT
Patrick Daniel Maloney	July 23, 2022	Grand Prairie, AB
Len Rasmuson	July 24, 2022	Whitehorse, YT
Gerald Gordon "aka The Tahltan Fiddler" Edzerza	July 27, 2022	Whitehorse, YT
Paul Stephens	July 28, 2022	Whitehorse, YT
Brenda Weaver	July 29, 2022	Whitehorse, YT
Kenneth Douglas Burke	July 30, 2022	Whitehorse, YT
Charlotte Marie Lise Gagne	August 2, 2022	Whitehorse, YT
Arthur "Earle" Hayden	August 6, 2022	Whitehorse, YT
Victor Clairmont Strong	August 6, 2022	Whitehorse, YT
William "Bill" Graham Swainson	August 7, 2022	Whitehorse, YT
Keith Frederick Murphy	August 12, 2022	Whitehorse, YT
Kitty Grant-Smarsh	August 13, 2022	Carcross, YT
Roy Donnesay	August 21, 2022	Vancouver, BC
Karen-Jean Craft	August 26, 2022	Whitehorse, YT
George Aronald Asuchak	August 31, 2022	Whitehorse, YT



Joe Bachofen	August 29
Borka Jovanovic	August 29
Georgianna Low	September 1
George Nagano	September 3
Irwin Smith	September 4
Sharon Smith	September 5
Patricia Mullan	September 8
Florence Washpan	September 9
Keith Bebak	September 10
Shirley LaRoy	September 11
Nancy Wing	September 12
Cindy Mitchell	September 16
Adila Low	September 17
Ulrich Lenz	September 18
Lynn Sparks	September 18
Mike Brazeau	September 21
David Jennings	September 21
Margot Simonot	September 23
Lois Rudd	September 30
Gord Sutton	September 30
Delaney Barton	October 2
Peggy Hanulik	October 4
Dorothy Burke	October 5
Dorothy Gibbon	October 7
Mary James-Davies	October 7
Linda Quock	October 10
Elinore Frederickson	October 12
Terrance Hanlon	October 12
Patrick Kostiuick	October 13
Walter Gutowski	October 13
Sally Lyons	October 16
Sigrun Mulligan	October 20
Janet Trim	October 21
Shirley Keobke	October 21
Caroline Nelson	October 23
Judy Pakozdy	October 23
Vince Gatien	October 24
Stephen Ellerton	October 25
Robert Holditch	October 26
Joyce Caley	October 26
Jeffrey Marynowski	October 27
George White	October 31



Membership Application

Name: _____
Renewal New Application

Mailing Address:

Street or P.O Box: _____ Apartment: _____

City or Town: _____

Territory or Province: _____

Postal Code: _____

Telephone (Home): _____ Telephone (Mobile): _____

Email Address: _____

Date of Birth: _____
Year / Month / Day

Please include my name in the Sourdough Chronicle Newsletter birthday announcements.
(only the month and day of birth will be shown)

Membership entitles you to receive our newsletters, and full voting privileges at the Annual General Meeting (for members in Yukon).

The membership fee is \$10/year per person.

(April 1st to March 31st the following year)

Please remit your payment to: **Yukon Council on Aging**
4061 B 4th Avenue
Whitehorse, Yukon Y1A 1H1

Office Hours are: Monday to Friday: 9:00 am to 1:00 pm.

For office use only:

Receipt Number: _____ Amount Paid: _____ Membership Expires: March 31, 20____

Entered Date: _____ General Member Associate Member

Don't forget to contact
Linnea at the office to
update your
membership or change
your address.

(867) 668-3383 ore
email ycoa@yknet.ca.

Check out updates at
www.ycoayukon.ca.



**“How beautifully leaves grow old.
How full of light and color are
their last days.”**

— John Burroughs

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Whitehorse, Yukon Y1A 1H1

MAIL TO:

